



ADAMH

*Alcohol, Drug and Mental Health Board
of Franklin County*

Near East Area Commission
May 10, 2018
Dr. Kevin Dixon, Vice President of Community
Collaboration & Engagement



OUR MISSION: We exist to improve the well being of our community by reducing the incidence of mental health problems and the abuse of alcohol and other drugs.

Our Providers



APDS 180 DEGREE IMPACT
 alvis
 Amethyst a community of recovery
 the buckeye ranch we raise hope
 CORFA CENTRAL OHIO AREA AGENCY ON AGING
 COLUMBUS AREA Integrated Health Services Inc.
 THE CITY OF COLUMBUS MADISON, LINCOLN, BENDS
 COLUMBUS PUBLIC HEALTH
 choices
 Columbus Urban League
 CND COMMUNITY FOR NEW DIRECTIONS
 community housing network
 CompDrug Making together to improve the quality of life
 CONCORD Positive care. Working with heart. COMMUNITY SUPPORT SERVICES
 COVA Program of HealthPartners
 Directions for Youth & Families
 Local Outreach to Suicide Survivors
 Franklin County LOSS SOLUTIONS FOR CRIMINAL JUSTICE & COMMUNITIES
 Hands On CENTRAL OHIO
 HENSHOF HOME
 Huckleberry House
 MARYHAVEN Making Positive Medicine Your Love
 MHA Mental Health America of Franklin County
 NAMI Franklin County
 National Church Residences BELIEVE IN THEIR TRANSFORMING LIVES
 NATIONWIDE CHILDREN'S When your child needs a hospital, we're your partner.
 NETCARE ACCESS
 North Central Mental Health Services
 north Community Counseling CENTERS, Inc.
 OhioGuidestone SOLUTIONS FOR CRIMINAL JUSTICE & COMMUNITIES
 THE FRIENDSHIP CIRCLE
 southeast healthcare services
 st Vincent family solutions
 Syntero Care-Counsel Support
 HANNAH NEIL THE UNIVERSITY OF
 THE OHIO STATE UNIVERSITY WIDENER MEDICAL CENTER
 THE PEEN PROJECT Passes Linking Each others Recovery
 TVBH TOWN SQUARE BEHAVIORAL HEALTHCARE
 THE VILLAGE NETWORK
 UMADAOP of Franklin County



ADAMH
Alcohol, Drug and Mental Health Board
of Franklin County

Our Role in the Community

We prioritize services and programs based on the needs of our community.

We fund mental health and substance abuse prevention, treatment, and recovery support services.

We evaluate the quality and effectiveness of the services delivered in our system.

Funding

2017 Revenue

2017 Revenues

Federal - 10.5%	\$8,056,539
Levy - 79.2%	\$60,649,663
Local - 2.5%	\$1,915,041
State - 7.8%	\$5,970,353

2017 Expenses

Board Operating - 10.5%	\$7,305,202
COG - .8%	\$540,109
Direct Service - 87.4%	\$60,620,367
County Fees - 1.2%	\$856,618

Three C Recovery and Health Care Network Council of Government (COG)

Franklin County Opiate Action Plan



- March 2017 – Columbus Mayor Andrew Ginther and Franklin County Commissioner John O’Grady asked ADAMH to create an Opiate Action Plan
- ADAMH interviewed over 100 people representing 62 organizations.
- 4 key areas

Ascent Peer Recovery App

- Support from The Columbus Foundation
- 24/7/365 peer recovery coaching
- Pilot program with 200 participants in treatment for substance use disorder



Mobile Opiate Response

- Pilot program with law enforcement and the fire department
- Link someone who overdosed with a clinician immediately
- Expanded to include local emergency departments
- Clinicians engaged 592 people in 2017



Addiction Stabilization Center



- 55 bed facility operated by Maryhaven
- Levels of care:
 - Triage/admission
 - Detoxification
 - Residential Treatment

APRIL
Maryhaven
Presents Idea to
ADAMH

JULY
ADAMH Board
Approves
Funding

AUGUST
Renovations
Begin

NOVEMBER
Renovations
Completed

JANUARY
Officially Open



Addiction Stabilization Center

- Funders and Collaborators
- Osteopathic Heritage Foundations
- ADAMH
- The Columbus Foundation
- Ingram White Castle Foundation
- City of Columbus
- Nationwide
- State Budget



Connect with ADAMH

Jennifer Martinez, jmartinez@adamhfranklin.org

 614-224-1057

 [facebook.com/ADAMHBoardofFranklinCounty](https://www.facebook.com/ADAMHBoardofFranklinCounty)

 [instagram.com/adamhboardoffranklincounty](https://www.instagram.com/adamhboardoffranklincounty)

 adamhfranklin.org

 [linkedin.com/company/adamhboardoffranklincounty](https://www.linkedin.com/company/adamhboardoffranklincounty)



Maryhaven Addiction Stabilization Center

Andrew Moss, LPCC-S, LICDC-CS

Director of Stabilization Services, Maryhaven®

William Burton, BSN, RN

Manager of Outcomes and Community Engagement, Maryhaven®



MARYHAVEN®

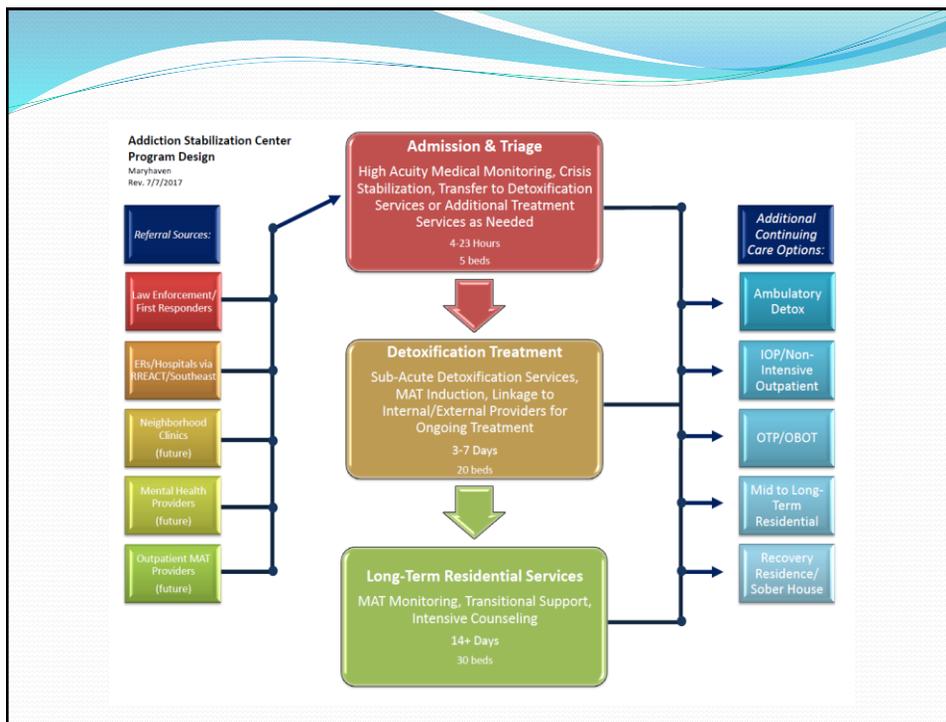
Helping People Restore Their Lives®

Background

- Notable increase in opiate-related overdoses in Franklin County
- 10-15 naloxone (Narcan) administrations daily in Franklin County
- Usual path:
 - Overdose → Narcan → ER (medically treated, referred for drug treatment) → Community → Overdose
- 2017 Franklin County Opiate Action Plan

Change the Path

- Overdose → Narcan → EMS decides if person needs hospitalization or direct transport to the Addiction Stabilization Center



The Maryhaven Addiction Stabilization Center

- Developed with ADAMH Board, City of Columbus
- 55 bed facility
 - Admission & Triage (5 beds)
 - Detoxification (20 beds)
 - Non-Medical Residential (30 beds)
- 100+ Maryhaven employees
 - Interdisciplinary teams
 - physicians, nurses/nurse practitioners, counselors, paramedics, patient care assistants, admission specialist, peer recovery supporters
 - Contracting with CPD for Special Duty security

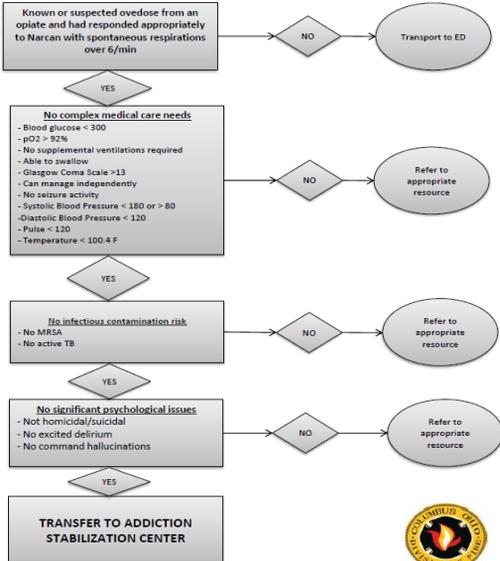
**1430 South High Street
Columbus, Ohio 43207**



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EMS Protocol for Transporting Patients to the Addiction Stabilization Center



Admission



*Potential pregnant clients must receive an ultrasound confirming a uterine pregnancy and must be reviewed and approved by the MASC Medical Director.

Staffing

- Budget: ~\$6.6M (including benefits)
- Nurses: 26.6
- Counselors-18.2
- Nurse Practitioners-6.2
- PCAs-30.8
- Admissions Specialists-9.4
- Peer Recovery Supporters-5.6
- Admin-5

Programming

Monday – Friday

5:30AM Wake Up/Vitals/Coffee
 5:45AM Medications
 7:45 AM Breakfast
 8:30 AM Dosing
 10:00AM – 11:00AM Residential Transfers
 9:30 AM – 10:00AM Breakfast Seconds
 10:00 AM Group
 11:00 AM Medications
 11:30 AM Lunch
 12:30 PM Group
 1:30 PM – 2:00 PM Lunch Seconds
 2:00 PM Medications
 2:30 PM Free Time
 3:00 PM Dinner
 4:00 PM Medications
 5:30 PM Group
 7:00 PM Break
 7:30 PM – 9:00 PM Vitals and Dinner Seconds
 8:30 PM Medications
 10:30 PM Lights Out

MASC Detoxification Schedule

Saturday

5:30AM Wake Up/Vitals/Coffee
 5:45AM Medications
 7:45 AM Breakfast
 8:30 AM Dosing
 10:00AM – 11:00AM Residential Transfers
 9:30 AM – 10:00AM Breakfast Seconds
 10:00 AM Group
 11:00 AM Medications
 11:30 AM Lunch
 12:30 PM Group
 1:30 PM – 2:00 PM Lunch Seconds
 2:00 PM Medications
 2:30 PM Free Time
 3:00 PM Dinner
 4:00 PM Medications
 5:30 PM Group
 7:00 PM Break
 7:30 PM – 9:00 PM Vitals and Dinner Seconds
 8:30 PM Medications
 10:30 PM Lights Out

Updated 6/12/18

Sunday

5:30AM Wake Up/Vitals/Coffee
 5:45AM Medications
 7:45 AM Breakfast
 8:30 AM Dosing
 10:00AM – 11:00AM Residential Transfers
 9:30 AM – 10:00AM Breakfast Seconds
 10:00 AM Group
 11:00 AM Medications
 11:30 AM Lunch
 12:30 PM Group
 1:30 PM – 2:00 PM Lunch Seconds
 2:00 PM Medications
 2:30 PM Free Time
 3:00 PM Dinner
 4:00 PM Medications
 5:30 PM Group
 7:00 PM Break
 7:30 PM – 9:00 PM Vitals and Dinner Seconds
 8:30 PM Medications
 10:30 PM Lights Out

Monday – Friday

5:30AM Wake Up/Vitals/Coffee
 5:45 Medications
 7:30 AM Breakfast and Morning Reading
 8:00 AM Dosing
 10:00 AM Group
 11:00 AM Nurse/Medications
 11:30 AM Lunch
 12:00 PM Group
 1:00 PM Expressive Therapies or Free Time
 2:00 PM Nurse/Medications
 3:00 PM Group
 4:00 PM Break
 4:30 PM Nurse/Medications
 5:00 PM Dinner
 5:30 PM Medications
 6:00 PM Group
 7:00 PM Free Time
 8:30 PM Snacks
 9:00 PM Nurse/Medications
 10:30 PM Lights Out

MASC Residential Schedule

Saturday

5:30AM Wake Up/Vitals/Coffee
 5:45AM Medications
 7:30 AM Breakfast and Morning Reading
 8:00 AM Dosing
 9:00 AM Group
 10:00 AM Nurse/Medications
 11:00 AM Lunch
 11:30 AM Break
 1:00 PM Free Time
 3:00 PM Group
 4:00 PM Break
 4:30 PM Nurse/Medications
 5:00 PM Dinner
 5:30 PM Medications
 6:00 PM Group
 7:00 PM Free Time
 8:30 PM Snacks
 9:00 PM Nurse/Medications
 10:30 PM Lights Out

Updated 6/18/18

Sunday

5:30AM Wake Up/Vitals/Coffee
 5:45AM Medications
 7:30 AM Breakfast and Morning Reading
 8:00 AM Dosing
 9:00 AM Group
 10:00 AM Nurse/Medications
 11:30 AM Lunch
 12:00 PM Nurse
 2:30 PM Group
 3:30 PM Break
 4:30 PM Nurse/Medications
 5:00 PM Dinner
 5:30 PM Medications
 7:00 PM Group
 8:30 PM Snacks
 9:00 PM Nurse/Medications
 10:30 PM Lights Out

Community Engagement



•Maintaining active involvement with many community organizations and agencies:

- Merion Village Association
- Parson Avenue Merchants Association
- South Side Substance Abuse Solutions Committee
- South Side Area Commissioners
- Whitehall SAFE Station Program
- Central Ohio Trauma System
- Columbus EMS/Fire
- Columbus Police
- Various Community Naloxone Trainings
- Franklin County Public Health
- Columbus Public Health
- Capital University Nursing Department
- Mount Carmel College of Nursing
- Columbus State Community College
- Focus Learning Academy
- Southwood Elementary
- Southeast, Inc.
- ADAMH of Franklin County
- City of Columbus



Outcomes

Milestone!

Congratulations, MASc Staff! The Maryhaven Addiction Stabilization Center has been open for 6 months!

July 19, 2018

MARYHAVEN
Helping People Restore Their Lives

By the Numbers...

MARYHAVEN
Helping People Restore Their Lives

---July 19, 2018---

When we opened the door of MASc 181 days ago, none of us were exactly sure what to expect. We had a total of 2 admissions in the first 48 hours. Many of us began to anxiously wonder if the months of planning and preparation would pay off. On the third day of operations, we admitted 8 people and breathed a deep sigh of relief!

Now, 181 days later, we've had over 800 admissions at MASc. Beyond statistics, we've offered many people an opportunity to experience real recovery and to receive the tools to break free from the cycle of active addiction. We've given encouragement and support to people who had given up on themselves. We've demonstrated compassion, patience, and respect for all, regardless of circumstance.

We've had some opportunities for growth, too. While the Leadership Team and I are intensely focused on our goals for improvement, I am incredibly proud of and grateful to every employee, volunteer, and community colleague who has made MASc what it is today. Thank you all for your incredible work and commitment on 6 months of restoring lives. Here's to the next 6 months!

---Andrew Hess, MASc Director---

MASc Crew, Opening Day
January 19, 2018 8:00 am

"Super Heroes"

"Maryhaven Employees I want you all to know what I have learned here will only help me excel and grow. My life has been like a puzzle that was always undisturbed. Now I feel like I can put the pieces together and get my life back. The work you have done on me as a whole brings tears to my eyes and it strengthens my soul. And I promise you all from this day forth I will always remember your love and support. I know you all don't wear capes on your backs but you are my heroes because of the things that you are giving back."

---James, MASc Graduate---

of Admissions

Triage	Delox	Res
809	687	236

Completion Rates

Triage	Delox	Res
90%	61%	70%

Number of Pregnant Clients Admitted: 24

Referral Sources

Walk in	Southwest	EMS	SAFE	Alum Care	CPD	Hospitals
406	296	139	50	8	5	1

Admissions Per Month (excluding July)

Jan	Feb	Mar	Apr	May	Jun
31	106	127	126	145	176

MASc Leadership Priorities:

- Continuously improve quality of care
- Decrease AMA/ASA discharges
- Increase staff support, staffing numbers
- Improve team communication and connectedness
- Diversify programming
- Increase efficiency with referring partners

C.P.R. Honorees

These MASc team members were recognized by their peers for demonstrating Compassion, Patience, and Respect with clients, colleagues, and visitors. Congratulations, and THANK YOU to all of our honorees!

Denise Murrillo PCA March 2018	Jordan Krigger Counselor March 2018	Irene Igal Nurse April 2018	Kelsey Williams Counselor April 2018	Danz Irvin PCA May 2018	Megan Howell Admission Specialist June 2018	Molly Kuback Liaison Post Nurse June 2018

Also received multiple nominations: Erica Wells, Cora Jones-Ross, Hilda Blake, Lu Shroder, Angie McDonald

Community Involvement

MASc has maintained active engagement with the following agencies, entities, and organizations within our community: ADAAH, the City of Columbus, Mason Village Association, Parsons Avenue Merchants Association, South Side Initiative Board, Student Committee, South Side Area Commission, Whitehall SAFE Station Program, Central Ohio Trauma System, Columbus EMS, Columbus Police, Franklin County Public Health, Columbus Public Health, Capital University Nursing Department, Mt. Carmel College of Nursing, Columbus State Community College, Focus Learning Academy, Southwood Seminary, and Southwest Inc.

MASc Graduate, Shane

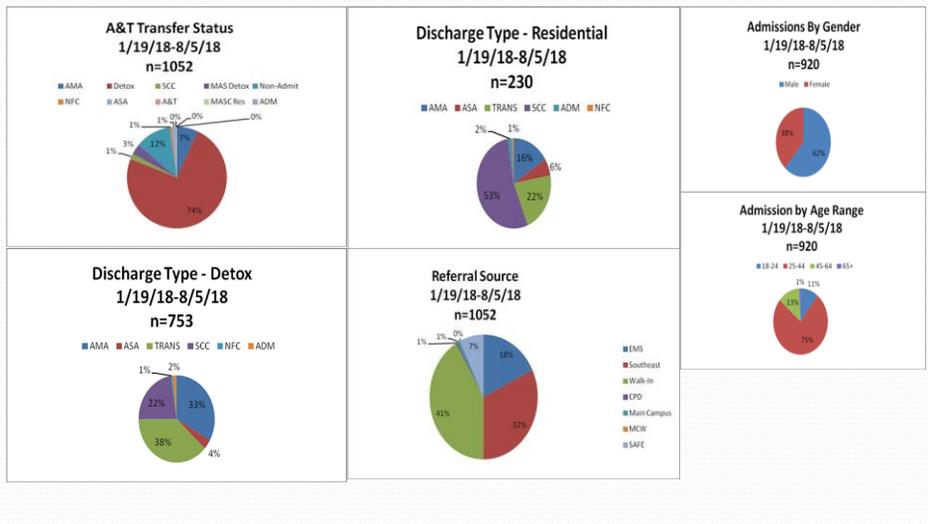
Letter

MARYHAVEN
Helping People Restore Their Lives

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Masc helped me with my addiction by caring for my well being when nobody else was. I had no hope, I had faith without works, basically I was just trying to die. They showed me hope and strength and helped me surrender to a life without substance abuse. They helped me face my fears and grow from them. The most helpful things at Masc was they gave me a big book, told me to get a sponsor, and was lead by experience from the staff and how they became sober. Darrell and John were the biggest help with my stay at Masc because everyday they checked on me and asked if there was anything they can do for me. To have someone show me they cared for me or was concerned about me at my darkest point meant the most to me. The classes and the daily check in helped me with my awareness and helped me learn to trust others more. By that point in my addiction I had nobody to help me. I was basically waiting to die. I had almost gotten killed and so far along in my disease I lost all hope for the half. I only knew how to survive, and I learned that wasn't gonna help me to stay sober. The staff helped me save my life. They gave me strength when I needed it the most and they put the steps to take in front of me. Without Masc and the waiting list I wouldn't be where I am today. My advice to a future client would be to take in everything Masc has to give and take suggestions and to apply them suggestions in there everyday life. The results are astonishing, they can change you. I learned if I don't get everything I can from recovery, then I won't get nothing at all. And they sure can use my name. Masc helped place me where I needed to be in recovery and I can say that today I'm so grateful to be alive and sober and I am very happy that today I apply change and see hope in it.

Outcomes



Challenges

- Staffing
 - Nursing
- Limited scope
 - DEA
- Limited space
 - Diversion Policy
- Referral-In Process
 - Community Communication
- Referral-Out Process
 - Housing



Lessons Learned

- “CPR”
 - Readmission Flexibility
- Collaboration & Communication
 - Housing Needed
- Higher Acuity Care Indicated

Milestone!

July 19, 2018

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---July 19, 2018---

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We've had some opportunities for growth, too. While the Leadership Team and I are intently focused on our areas for improvement, I am incredibly proud of and grateful to every employee, volunteer, and community colleague who has made MASC what it is today. **Thank you all** for your incredible work, and congratulations on 6 months of restoring lives. Here's to the next 6 months!

-Andrew Moss, MASC Director



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-James, MASC Graduate

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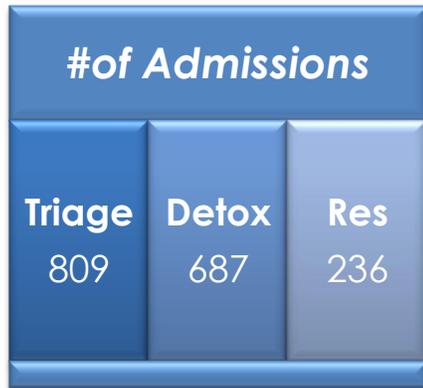


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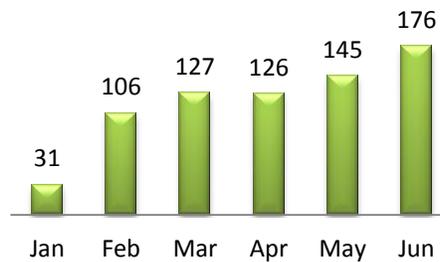
Helping People Restore Their Lives

July 19, 2018

Referral Sources



Admissions Per Month (excluding July)



“The staff helped me save my life. They gave me strength when I needed it the most and they put the steps to take in front of me. Without MASC and no waiting list, I wouldn’t be where I am today.”

-Shane, MASC Graduate
131 days sober

MASC Leadership Priorities:

- *Continuously improve quality of care*
- *Decrease AMA/ASA discharges*
- *Increase staff support, staffing numbers*
- *Improve team communication and connectedness*
- *Diversify programming*
- *Increase efficiency with referring partners*

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PCA
March 2018

Jordan Knipper
Counselor
March 2018

Ikran Igal
Nurse
April 2018

Kelsey Williams
Counselor
April 2018

Daryl Irvin
PCA
May 2018

Megan Howell
Admissions Specialist
June 2018

Molly Kubicek
Nurse Practitioner
June 2018

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MASC Graduate, Shane



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